Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Friday 23 Jun 2023 until 23:59 on Saturday 24 Jun 2023

Forecast Issued on Friday 23 Jun 2023 at 02:59 by Met Office Aberdeen

Confidence: High for a more changeable spell of weather but lower for the daily details.

Headline for Friday 23 Jun 2023: Mainly cloudy with occasional rain, some heavy with hill fog. Strong winds.

Mountain weather hazards on Friday 23 Jun 2023

Blizzards No Likelihood	**Heavy persistent snow** Medium Likelihood	**Storm force winds** No Likelihood
Gales Low Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** Medium Likelihood
Thunderstorms Low Likelihood	**Heavy persistent rain** Medium Likelihood	**Strong sunlight** Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Heavy Rain	Heavy Rain	Light rain	Light rain	Heavy Rain
Precipitation probability					
70%	60%	50%	70%	40%	40%

Forecast for Friday 23 Jun 2023

Weather: Mainly cloudy with showery rain, this heavy at times, but more especially across western-most ranges through the morning and again later in the day. Lighter rain in the afternoon and a few limited brighter interludes, mainly in shelter in the east. Low cloud likely to thicken in west though and there could be rather persistent rain and drizzle onto western slopes, although still the risk of a heavier showery outbreak and more widespread heaver rain in the evening. Small risk of thunder.

Chance of cloud-free hill tops above 800m: Mainly 10% in the west, but 40% at times in east

Low Cloud and visibility: Cloud bases starting off mainly above 1000m but with areas to 700m in rain, the cloud generally lowering to between 600 and 800m in the afternoon but areas 450-500m in the west, bringing very poor visibility much of the time to the higher hills. Good visibility away from cloud in drier spells, but falling moderate or poor in heavier bursts of rain or drizzle.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Friday 23 Jun 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	32/38 SE	33/41 S	33/43 S	26/34 S	21/27 S	18/23 S	24/30 SE
900	21/27 SE	22/29 S	23/32 S	19/26 S	15/20 S	12/17 S	14/19 SE
600	23/28 S	29/36 S	33/42 S	25/32 S	15/20 SW	9/13 S	15/20 S
300	8/11 SW	14/21 SE	17/26 S	13/20 S	8/13 S	6/11 S	7/13 S
Glen	7/11 SW	5/13 SE	10/21 S	10/18 S	6/11 SW	5/10 S	5/11 S

Height (m)	Temperature / Feels Like (°C)						
1300	6/1	7/1	8/3	9/5	10/7	10/7	10/6
900	8/4	9/5	11/7	12/8	12/10	12/10	12/9
600	13/9	12/8	13/8	14/10	14/12	15/13	15/12
300	14/12	14/11	15/12	15/13	16/15	16/16	16/15
Glen	14/13	15/15	16/15	17/16	17/17	17/17	17/17
Freezing Level*	2600m	2700m	2800m	2900m	2900m	3100m	3200m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
A rather warm and humid day, despite rain and cloud, so risk of overheating and rather uncomfortable in waterproofs.

Forecast for Saturday 24 Jun 2023
Weather: Cloudy in morning with occasional rain and drizzle, the afternoon somewhat drier, with a few brighter spells in shelter, along with the chance of heavy showers.

Maximum wind: South or southwest 30 gusts 40mph.

Chance of cloud-free hill tops above 800m: 10% at first rising 60% from late morning, falling 20% in evening.

Low Cloud and visibility: Extensive cloud down to 500-750m at first with lower patches but lifting to 750-900m with a few breaks. Visibility away from cloud moderate or good but poor in any heavier showers.

Temperature: **Glens:** Plus 15 Celsius at dawn rising to Plus 18 Celsius
At 800m: Plus 13 Celsius
Freezing level: Well above summits.

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